
MARIJUANA EDIBLES SAFETY

What are marijuana edibles?

Marijuana edibles are food items made with marijuana or marijuana oils, which can be used as an alternative to smoking or vaporizing marijuana.

Are there different types of marijuana edibles?

Marijuana edibles come in many different liquid forms and food types, including: brownies, cookies, drinks, popcorn, and candies.

Will ingesting marijuana affect someone differently than smoking it?

Yes. Unlike smoking marijuana, where the effects can be felt almost immediately, it can take 30 minutes to 2 hours for edibles to take effect. These effects last longer than expected depending on the dose, last meal, and/or medications or alcohol used at the same time.

Why do some products seem stronger than others?

The amount of THC can vary in marijuana edibles. This makes it harder to control how much THC is consumed. The amount of THC in homemade marijuana edible can vary even more. Many users can be caught off-guard by the stronger potency and long-lasting effects of marijuana edibles.

What is the recommended dosage for edibles?

One standard dose for marijuana edibles is typically 10 mg. Some edibles have more than one dose of THC and may come with directions to only consume part of the product. Eating too much of an edible may produce unwanted health effects. The effects of marijuana use can vary from person to person, and each person may have a different tolerance level. Always read the dosing recommendations and know exactly how much THC is in the edible. Start slow with less than one serving and wait before using more.